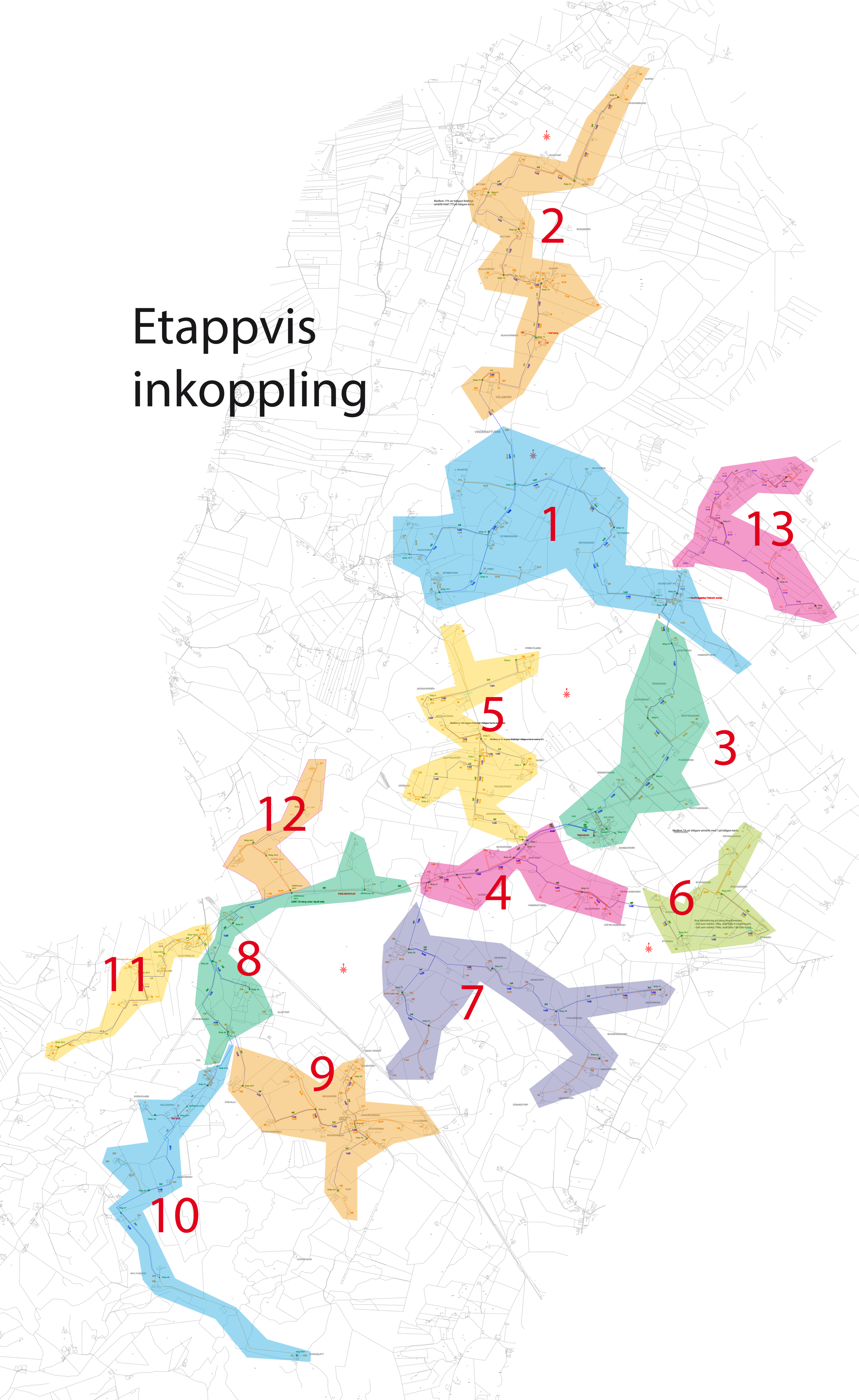Etappvis inkoppling